Choose **ONE** of the topics below. You can use the prompts if you like. **Write at least 250 words.**

1. **"Using herbs for treatment instead of traditional medical treatment is useful."**
   Do you agree or disagree with the statement above? Write an opinion essay discussing the statement.

   Prompts for developing ideas:
   - natural treatment
   - cheaper
   - not containing artificial chemicals
   - alternative to medicine
   - dangerous
   - no scientific control
   - side effects

2. **In the developed world, average life expectancy is increasing. What problems will this cause for individuals and society?** Suggest some measures that could be taken to reduce the impact of ageing population.

   Prompts for developing ideas:
   - decrease of the productivity in the workforce
   - a wide range of diseases such as insomnia, hypertension, Alzheimer, dementia
   - significant loss in terms of economy
   - to provide more health care
   - to increase the budget to pay pensions
   - to increase the retirement age of older people

SAMPLE IYS